

THE CARILLON
ST MATTHEW LUTHERAN
CHURCH

*Our mission is to be...
The living evidence of the
mercies of Christ.*

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GOING ON NOW

Confirmation Classes

This instructional course on the basic tenants of the Christian faith is made available for any child ages 11-14. If you have a child or know of a child that would like to enter into Confirmation, contact the Pastor.

Praise Team

The Praise Team currently provides most of the instrumental pre-service music for our Sunday services. If you have any questions regarding the Praise Team, please contact Ken Young or Dan Morrison.

Lutherans Women's Mission League (LWML)

We meet **Each Month, dates change per the event.**
Come contribute to Lutheran Missions Worldwide!
All women are welcome!

Altar Guild

Since the morning of Christ's resurrection, as the women approached to prepare the body of Christ for burial, ladies have gathered before the Sunday service to prepare the body of Christ for communion. If you are interested in helping with this sacred task, contact Lillian Holttum.

Free Community Dinner!

Community free dinner served every **Wednesday at 5pm.** If you are interested in joining this ministry contact our Human Care Chairman, Kay Hermann.

Choir

Choir practice **during March will be on Wednesdays at 1pm and will resume in April to Thursdays at 3pm.** Contact Rod Larson, if interested in joining.

New Member's Class

Anyone interested in becoming a new member, please contact Lynn Vernon or the church office.

360-457-4122.

UPCOMING SERVICES

| | |
|------------------|---|
| <i>Apr 7th</i> | <i>Second Sunday of Easter John 20:19-31</i> |
| <i>Apr 14th</i> | <i>Third Sunday of Easter Luke 24:36-49</i> |
| <i>Apr 21st</i> | <i>Fourth Sunday of Easter John 10:11-18</i> |
| <i>Apr 28th</i> | <i>Fifth Sunday of Easter John 15:1-8</i> |
| <i>May 5th</i> | <i>Sixth Sunday of Easter John 15:1-8</i> |
| <i>May 12th</i> | <i>Seventh Sunday of Easter John 17:11b-19</i> |
| <i>May 19th</i> | <i>The Day of Pentecost John 15:26-27;16;4b-15</i> |
| <i>May 26th</i> | <i>Holy Trinity John 3:1-17</i> |
| <i>June 2nd</i> | <i>Second Sunday after Pentecost Mark 2:23-28</i> |
| <i>June 9th</i> | <i>Third Sunday after Pentecost Mark 3:20-35</i> |
| <i>June 16th</i> | <i>Fourth Sunday after Pentecost Mark 4:26-34</i> |

PREsCHOOL

Hello Congregation,

March has been a busy month for us! Our students have been learning all about transportation. They made paper airplanes, rode on a pretend school bus, and sent a rocket to the moon!

We also had a Sock Hop party to celebrate Dr. Suess's Birthday! Everyone wore crazy hats and socks. We read Fox in Socks and danced to some fun music, and the students made their own hats from Cat in the Hat!

Our Bible stories for this month were: Jesus calms the storm, Jesus walks on water, Zachaeus, Jesus brings back the dead (Jarius's Daughter-Lazarus), Easter: Jesus is alive!!

Our Bible verse for the month was: "Your sins are forgiven" 1 John 2:12

Our Preschool is open for registration for the upcoming school year 2024-2025! Please help spread the word!

Please continue to pray for our teachers, students, and families.

Your support is very appreciated!
The Preschool



NEW Pre-3 & Parent
Lil Lambs PlayGroup

Thursdays

9:00-11:00 am

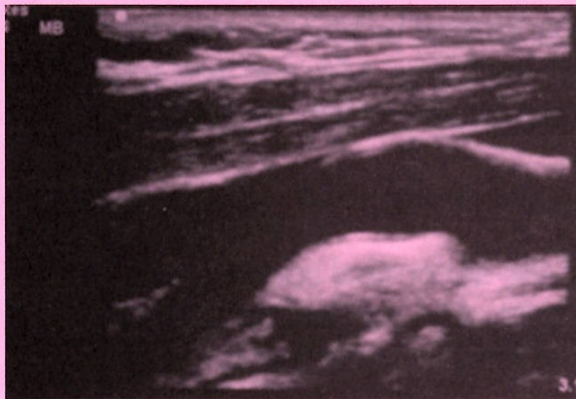
360 457 4122

Take a step toward staying
Healthy & Active

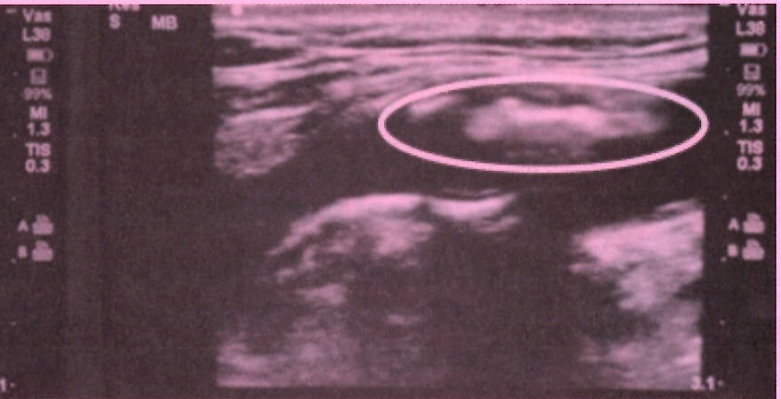
Life Line Screening goes beyond regular checkups to provide a more thorough look at your health.

Be Smart: Do More For Your Cardiovascular Health

No Plaque Buildup



Plaque Buildup



Advanced ultrasound technology looks inside your arteries for signs of plaque buildup.

That's why **9 out of 10 cardiovascular doctors** support preventive screenings for those with key risk factors.¹

Adults age 50+ and those 40 and older with one or more risk factors for cardiovascular disease should be screened.

¹Key Risk Factors include: *High blood pressure, high cholesterol, diabetes, obesity, smoking, family history.

We are coming to your neighborhood.

Where: Port Angeles - St Matthew Lutheran Church

When: Monday, April 8, 2024

To register for your appointment and to receive the special discount,
please call **1-800-640-6307** or visit **LLSA.SOCIAL/HC**

Trusted by Hospitals Nationwide.

Life Line Screening has partnered with over **100 hospitals** across the country and has conducted over **10 million screenings** since 1993.



Carotid Artery Disease

an ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.



Atrial Fibrillation (AFib)

a 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.²



Abdominal Aortic Aneurysm (AAA)

an ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threatening medical emergency.



Peripheral Arterial Disease (PAD)

an Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.³

4 Screenings for Only \$149
Special Package Pricing

² <https://www.heart.org/en/health-topics/atrial-fibrillation>

³ <https://www.heart.org/en/health-topics/peripheral-artery-disease/about-peripheral-artery-disease-pad>

No single screening can detect all risk factors for all conditions, such as and including the presence of coronary artery disease.

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.

ST. MATTHEW LUTHERAN CHURCH
PRESENTS

EACH
SESSION,
NO COST

FREE
PIZZA!

THE HIGH COST OF FREE LOVE

WHO SHOULD ATTEND? Tweens! Teens! Adults! EVERYONE!
BOMBARDED WITH INFORMATION? HAVE QUESTIONS? Hear the facts and
resources available to make those life-changing decisions facing all generations.

Friday, May 10th at 4:30 pm

Mother, Daughter, & Friends Dinner (Age 11 on up)

Dinner served and discussion with Pam Stenzel.

Hear what our youth faces in today's world.

Limited seating. RSVP to stmatthewpa@gmail.com

Saturday, May 11th at 3 pm

All Youth, Adults (Age 11 on up...Parents, Grandparents)

Get the information needed to make educated and essential
life decisions. Hear the facts so you never have to say 'no one
ever told me....'. Personal one-on-one discussions with Pam.
Pizza and drinks afterwards.

ST MATTHEW LUTHERAN CHURCH

132 E. 13th St. Port Angeles, WA 98362

www.StMatthewPortAngeles.org - #(360) 457-4122

RSVP: call or email stmatthewpa@gmail.com



Featuring
PAM STENZEL
www.pamstenzel.net

Pam Stenzel is one of the most sought-after youth
speakers in the country. Come hear her riveting
testimony of how God transformed her life.
Her talk — The High Cost of Free Love — will be
followed by a meet-& greet Pizza Dinner

ORGAN UPDATE!

Progress is being made on the Pipe Organ.



Console with new Syndyne combination action and key action systems installed and wired.

Main windchests with new junction board wired in.



Façade pipes getting racked together.



ST. MATTHEW ORGANIST MYSTERIES!

We all love a mystery, a challenge, a crossword puzzle, or whatever. Here are some mysteries about St. Matthew's organists, for the sleuths of our congregation to solve:

1. There is a former organist of St. Matthew who is now a famous, world-renowned organist and professor. Who is he/she?
2. We are anticipating a new pipe organ to be installed soon, and a dedication concert to be held shortly thereafter. Who will be the organist for that concert?
3. Who was the organist for the dedication concert for our current organ? (Clue: he/she isn't the same organist as #1 or #2, and wasn't our church organist.) What year was that concert held? Is he/she still living?
4. The same day after our Easter services, our current organist will be traveling far away on an airplane. Why? With whom? Where to? For how long?
5. Our current organist once worked for a church, and was injured and helicoptered to Harborview, and stayed there for five weeks. From where was he helicoptered? (Clue: he wasn't helicoptered from a church.) How did the injury happen? What was the injury? What year? Which church?

Have fun solving these mysteries! Ken Young

What To Do When You Don't Know What To Do

by NICKI KOZIARZ

Proverbs 31 Ministries

"But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere."

James 3:17 (ESV)

A few months ago, after five persistent years, our family welcomed three boys through international adoption. The wait was hard, brutal at times, and filled with complications that caused multiple delays. It seemed so unfair to everyone involved, especially the boys. One of our boys has a significant medical issue, and the older he grew, the more complicated the healing process would be. Each year that passed, *we held that reality*. Adopting older children can be challenging, so we prepared our minds with books, videos, podcasts and therapy. *We did the work*. We prepared our home, finances and lives to add three more children to the mix. *We did everything we could to get ready*. But sometimes, no matter how much you prepare for something, you cannot prepare for what the thing will actually be like. Which is why, after a long, sleepless week of navigating a surgery and complicated recovery process with our son, I found myself on the bathroom floor, crying and asking, "What do I do now?" Nothing was like we thought it would be. Things were way more complicated than we were prepared for. I was getting to the point where I felt like I was in way over my head.

Maybe you've been there too. The email that leaves you wordless, the text update you couldn't have imagined, or the phone call that leaves your emotions tangled in a knot. Sometimes when we're asking the question, ***What do I do now?*** we need something tangible to hold on to. That day, I recalled James 3:17. And I knew I had a choice: Have a pity party or declare the power of God's wisdom. I choose the latter. I began making biblical declarations over my situation, and instead of asking God why, I shifted to, ***What does this mean?*** I proclaimed James 3:17 over this situation, and within a few hours, I had some clarity on what our next steps could be. ***But more than anything, my soul had peace.*** This is the promise James 3:17 offers us when we choose to seek wisdom from above:



“But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere.”

In this season, I’m learning to rely on the wisdom of God. He is the only One who sees the entire picture. He knows the things I don’t. He understands things doctors cannot. Yes, sometimes I find myself teetering to a place where the bathroom floor beckons me back. **I am human, and so are you.** No one expects you to walk through hard times in perfection. But choose to stay in the process of seeking Godly wisdom, and somehow, with the power of God, you’ll know what to do when you don’t know what to do.

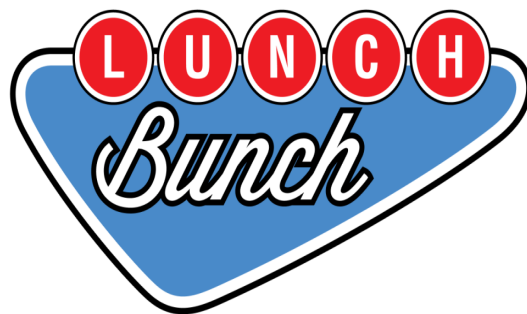
God, thank You that when we don’t know what to do, You’re always there to guide us toward peace. In Jesus’ Name, Amen.



Let’s CELEBRATE 2024

Lunch Bunch* is Back!!

Fairmount Restaurant



Thursday, APRIL 25th @ Noon

*Ladies, let’s rekindle this traditional lunch meet-up. In the past, the lunch bunch ladies picked a different restaurant to visit each month. So, let’s hit the refresh button; we all need a girl’s afternoon out, right?

We’ll need to make reservations, **so please RSVP.**

There’s a sign-up on the Fellowship bulletin board in Fellowship Hall.

**2024
High School
Graduates
of
St Matthew**



Contact Idah Smith if you are interested in applying for a **SCHOLARSHIP** for college or a trade school.

Stained Glass Classes

8 week class starting on April 11



9:30am – Noon Fellowship Hall

Come learn to create beautiful Stained Glass Art! Class is limited to 10 people. Sign up sheet in Narthex. Questions? Ask Julie Fealko

DIVORCE RECOVERY WORKSHOP



8-10 week class

WEDNESDAYS, 7pm in Family Focus Room

Contact office if you are interested in attending and don't hesitate to bring a friend.

Grant Writer Needed!



St Matthew needs some much needed help with requesting **Grant Support**. This is something that is much needed and can be accomplished on your own computer.

Please Contact Kathy Smith for more information.



April 8th at 5pm

“Killers of the Flower Moon”

by David Grann

Hostess: Cindy Schlaffman
Fellowship Hall



SOCK
IT-TO-EM

St Matthew's LWML is sponsoring a fundraiser

“Sock It To Them!”

April 7th thru 28th

Men vs Women

in a challenge to see which team raises the most money to support our Missionaries, the Trump Family, serving in Africa.

Collect your change (& paper money!)

Place it in your 'sock' & drop it in your designated container on Sunday mornings.

The Losers will host the Winners to an Ice Cream Social during Fellowship Hour on Sunday, May 5th

BRING YOUR SPARE CHANGE





FAITH & FAMILY DAY AT T-MOBILE PARK

SATURDAY, JUNE 15 vs. **T**
4:15 P.M.

Join us for Faith and Family Day at T-Mobile Park! Gather your friends and family for some summer baseball and stick around postgame for a faith-based concert and player panel and Q&A! Those picture perfect PNW days will be here before you know it.

TICKET PRICES
VIEW \$13
MAIN \$21

Talk with Kathy Smith if you are interested .

TO BUY TICKETS OR FOR MORE INFO CALL OR EMAIL
(206) 346-4559 • SBEEAN@MARINERS.COM




**Sign up to Host Snacks after
worship—Volunteers needed each
month!**

Thanks Peggy, Fellowship

Come Join Us For

GAME NIGHT

April Nights
12th & 26th
NEW TIME 6-8PM

Bring a friend!



GRIEF SUPPORT GROUP

Help and encouragement after the death of a spouse, child, family member, or friend

Mondays 10am - 11:30am
January 15, 2024 - April 22, 2024
St Matthew Lutheran Church
132 E. 13th St., Port Angeles WA 98362
Your contact is: Sondya Rose 360-457-8682

Contact Us Today

April

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|--|--|---------------------------------|
| | 1 | 2 | 3 | 4 Noon LWML 7pm Elders Meeting | 5 | 6 |
| 7 8:45am Bible Study 10am Worship | 8 9am LIFE LINE SCREENING 10am GRIEF SHARE 5pm Book Club | 9 8:30 PRESCHOOL Noon School Board Meeting | 10 8:30 PRESCHOOL 10am Diamond Ptg class 4pm Confirmation Class 5pm Dinner 7pm Divorce Grp | 11 8:30 PRESCHOOL 9:30 Stained glass class 2:30 Choir 6pm Church Council | 12 8:30 PRESCHOOL 6pm GAME NIGHT | 13 |
| 14 8:45am Bible Study 10am Worship | 15 10am GRIEF SHARE 7pm Pam Stenzel Planning Mtg | 16 8:30 PRESCHOOL 9am P.E.O. | 17 8:30 PRESCHOOL 10am Diamond Art class 4pm Confirmation Class 5pm Dinner 7pm Divorce | 18 8:30 PRESCHOOL 9:30 Stain glass class 2:30 Choir | 19 8:30 PRESCHOOL 9am QUILTING GROUP | 20 LWML Joy Shop Kingston |
| 21 8:45am Bible Study 10am Worship | 22 10am GRIEF SHARE | 23 8:30 PRESCHOOL | 24 8:30 PRESCHOOL 10am Diamond Art Class 4pm Confirmation Class 5pm Dinner 7pm Divorce group | 25 8:30 PRESCHOOL 9:30 Stain glass class Noon Lunch Bunch 2:30 Choir | 26 8:30 PRESCHOOL 6pm GAME NIGHT | 27 8:30 |
| 28 8:45am Bible Study 10am Worship | 29 9am By Law Committee Mtg | 30 8:30 PRESCHOOL | | | | |